
Sacred Path

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Ignite the Light - Reveal Source

Mastering Consciousness

In the Library with Malachi

by
Katherine Torres

Lesson #12 - Ignite the Light - Prepare the Way

Several years have passed and the messages of Mastering our consciousness have been given. We even continue now with much more from Malachi.

In this edition, I am not going to share a particular journey with you. Instead, I am going to talk about the ever-growing message that Malachi shares about our changing time and movement into a New World, he has often called Earth 2. He began speaking of this New World back in the 1980's and has been providing messages of how to advance to this place of wisdom and living our mastery, ever since.

Recently, during a workshop in which he was the speaker/facilitator, Malachi spoke of the new stages of consciousness we are merging with and provides a way to understand it by models of pyramids. I rather suspect many of you have heard of Pyramid 1, 2 and perhaps 3 over the years of our communication. I won't go into them in depth (but if you wish more info, please check out the flyer to receive the CDs and workbook from the workshop, Ignite the Light). However, I will acknowledge that humanity was solely in Pyramid 1 when the exploration of life began and the need to learn to survive in matter was initiated. We learned to clothe, feed, shelter and protect our body. Survival was the theme of existence (National Geographic will be showing that the first human is 60,000 years old and began in Africa) for early humans. Once established, further growth of consciousness occurred and we started merging with the 2nd Pyramid. Thousands of years are explored in each pyramid (perhaps 144,000 life times). The 2nd pyramid provided us awareness of our individual self, our capacity to realize we think, deduce and experience through our mind. In this 2nd pyramid, we grew into a greater identification of ourselves by realizing we not only think, but we feel and our



emotions give rise to greater awareness of self and others. The 2nd pyramid is all about Identification. We identified a Source (God, Goddess, Abba, Allah, etc.). We identified ourselves (woman, man, humanity vs animals, plants, etc.). We identified space and time and our ability to create our reality. We are bridging into the 3rd pyramid. This is a state of consciousness that provides the confidence and love of self at such a degree that we no longer have to feel lost and alone. We know ourselves and know that we are a part of the greater humanity and in union with Source. We are now identifying how to

be humanitarians (not just let others be humanitarians). We are presenting the ability to be compassionate and present qualities of sacred attitudes for all life. We are not just parroting this information from Masters who have walked before us, we are living this wisdom. The time is now to know our Oneness in so many diversified ways. Love and Light are not just words, in the 3rd pyramid, they are alive and we are living the powers of these energies.

At the workshop, Malachi initiated the practice of alignment in Oneness through the term, "Ignite the Light." In this regard, it is a conscious intent to align with the Fire of Source (Spirit) within you, breath oxygen to this fire, and ignite its blaze, so what is at the forefront of your awareness is your Source Self. It is an easy vibration to connect with, feel and be IT. Simply allow yourself to enter your sacred center, envision the place within where the Fire of Source is contained (your belly, your heart, your head...where is it?), take a sacred breath and ignite the fire. Allow yourself to feel the expansion of this field of energy as the blaze of the fire rises and dances through every cell of your being. Your Fire Light spreads through your physical container and expands to the world! It ignites the Light in everyone and everything. It calls the unconscious levels of humanity into the Light of Source where the memory of Oneness is ignited and lived. In this state of Being, you feel the Unconditional Love that exudes compassion and harmony and breeds the power of Source within you and all life experiences.

As we make these great changes within ourselves, we are responding to the expansion of Source in the new stages of evolution. Through this new stage, souls are birthing who carry a greater awareness of their Avatar consciousness. They are called the Silver Pearl Children. Their light not only exudes this pearl, but groups of children are expressing through colors streaming through the Silver Pearl. The rest of this article provides the information about their existence.

Shimmering Lights of Pearl – The New Evolution of Souls

Souls evolve and create generations and World experiences. Within each cycle, frequencies of souls emerge with a sovereign power of consciousness that assists, as well as reveals, the changing evolution of a given era. Era is a subdivision of an eon (a thousand million years), and contains the field of many epochs (events marking characteristics of time—i.e., Epoch of Dinosaurs, Epoch of Giants, Epoch of Atlantis, Epoch of Modern Humanity) which marks intentions and events of life evolving.

The evolution of Earthly existence has allowed soul-evolution to heighten awareness and clarity through the pyramids discussed. We now know we are not only reaching an end of an epoch, we are completing an era and adjusting into an eon of a New World Consciousness. In fact, this New World Consciousness can be called an Epoch in the path of an Era of Great Change as we enter the Eon of Peace, Light and Love. (Can you feel Christ, or Buddha, Quan Yin, and Tau breathe a sigh of relief—“it is finally here and now.”) Each time we shift, we find souls emerging with new radiance of light frequencies that help uncover the next level of development and expand awareness of the Source-Core of All.

As we cultivate the gardens of the New World and the 3rd and 4th pyramid, souls are emerging from the refined frequencies of consciousness and are bringing in a whole new stage of existence, awareness and cleverness. They bring an ability that is quick to understand, learn, devise and apply ideas. They are exceptionally adroit and channel a rare understanding of the whole. They have completed cycles of 144,000 life experiences, evolved through the 4th pyramid of consciousness, and return to participate in the changes of the Great Plan to fulfill the Evolution of Union. They will develop the new language of describing our existence, and much more. They are called the Pearl Children, carrying a silver-pearl base with radiance of brilliant, shimmering vividness of color frequencies emerging from the center of their auric sphere. They are bringing a dominant physical, mental, emotional and spiritual strength to withstand the Earth Changes and take up the frequency of shimmering light within their physical vehicle. Their abilities flow through the collective consciousness and effect the power of change within each individual already living

on the Earth. In this reality, they help us take up the light and shimmer the changes without the need to destroy our bodies and rebirth; nor destroy our Earth. Their radiance of energy (consciously and unconsciously) help create the new plane of matter we all have the opportunity to exist in. They are troubadours bringing the language of the Love of the Earth, the Love of our Holy Living Temples (our bodies), and the Love of Change that is Inherent Source vibrating in everyone and everything.

These children will need to integrate within our world-community. They will need our help. How might we help? By our willingness to change, adapt to new frequencies and listen as they teach through their actions, needs, maturity and wisdom. We must “sit at the feet of the children” yet not lose the quality of knowing our own design, sacred plan, and sacredness of our true self. We are to learn the balance of innocence and knowing. We must be willing to live with them in the “Now,” not seek the past, call them to past lives to remember, or keep telling them what happened to them when they were born, growing, and developing. If they break an arm one day, it is important not to tell them to “watch out, because.....” an hour, a day, or years later. They know what they are to learn from the experience. It is most important to remind them they are prominent, intelligent members of the Earth Clan and important to the Earth experiences. It is most important to tell them how great “today” is; not yesterday and even not tomorrow. When we do this, their souls can remain on task to help shimmer the world into its new position as a focal global light of Creation.

Our world needs to be filled with curiosity, and find all that is right with these children, not what is odd, different, or abnormal. For in truth, their differences is what is right, their oddity the new way, and their abnormal qualities the gifts of new expressions of life.

These children will be challenged by acceptance and rejection. They may create the challenges of being annoyingly proud of their cleverness and over-reach their own capabilities. In other words, their challenge will be to balance their Ego within the Light or choose to live an ever-more stronger egotistical reality than we have seen before (and oh, we see plenty now; so just imagine a grander egotistical expression than what we know). We are Keepers of the Children’s Light by releasing our Ego to a higher standard of living so they may reflect the Higher Ego in balance with *the Shimmering Light of Source*.

Above all, these Pearl Children are graced by a “higher order” of knowing their Avatar Self. If embraced by society, they will not have to play out the prideful ego on the stage of Earth Life. They will teach each of us, already living on the Earth, how to become more integrated and interdependent, more loving and compassionate and more of a world-society versus a single community guarding our territories for fear of loss. These children come in with an awareness that there is nothing to lose for everything is here for everyone, and all needs are met in an instant when aligned

with the Avatar Consciousness. They have the capacity to help us all release and allow the emergence of our Source Expression and live it fully...for they have the internal memory bank clear and aware of their Core Source Essence. They are souls who have evolved beyond karmic memory of cause and effect creating challenges and polarity swings. They have evolved to the Right Awareness of Now and the Right Use of Polarity vibrations to weave and create outcomes of existence. They will help us no longer rely on the past. For their clean slate allows for moment-to-moment expressions of knowing. Don't seek to know their past lives, for they have completed their cycles and do not wish to reconstruct them. Be only in the moment of their present incarnation and their essential spiritual essence. In fact, they ask that you honor this of them as well as yourself.

We are their caretakers as they birth and grow; just as they are our caretakers of change. Can we maintain an open mind, curious to know and willing to expressing in new ways? Will we attempt to bring them into past knowledge, base our lives and therefore their lives on our history? Can we express the truth that we are creating new pathways and we need only follow Truth, instill reverence for all life, love for all, and accept our responsibility to balance our existence with the Earth? Can we be open to listen to new ideas coming from the mouth of babies, the youth? Will we allow a new state of genius to emerge or believe we are the only ones who know just because we have experienced something in this lifetime? Ah, letting go of our own past, remaining curious about the creation of now and of new paths, and trying new levels of living are what is required of us as we listen to these mature souls reveal through the mouths of young avatars.

Though Malachi will speak of these Beings of Light, I would like to provide some background as I learn of these sweet souls and also list the vibrations of color and intent that he has revealed to me over this last year. Malachi introduced the vibration of the Pearl Children while I was in session with another person. This man was talking with Malachi about his soul mate that exists through the star patterns of the Seven Sisters (the Pleiades). While Malachi spoke I watched the beauty and interaction of the soul-mate as she expressed insight to Malachi to share with her twin flame. I also watched these incredible silver blue, shimmering light spheres move from her expanded belly. I questioned what was happening and Malachi explained. This man and this female soul-mate had agreed to be participants in the time of great change. Through their exchange of the energy fields of Earth and Ethers (Pleiades) they were merging heart-mind and -physical containers as agents of Source to bring forth the new souls. In fact, as Malachi shared over the year, there have been many humans exchanging with counter-parts in other dimensions, planets, and star patterns, merging heart-mind-body as agents for the developing matrices of Source and Soul intent of a New World and New Frequencies. They have been "gate keepers" helping the stages of soul expressions move from the Pure Ethereal

Womb of the Great Mother, through the ethereal stages of universal cellular development and interaction from star people to human form. Though the interchanges going on intergalactically are not producing the children in the physical form, the galactic interplay has provided the Light Path and Conduit to Earthly Consciousness. I have watched the Womb of the Great Mother emit energy to the Womb of the Higher Consciousness of Souls to the Womb of Humans. It is Source, Galactic and Inter-Galactic. Biological parents of the Earth Plane have taken on the physical intercourse necessary to create the human gateway for these souls to manifest their bodies, as is still necessary in our stage of the evolution as we turn the cogs toward the return to oneness.

This event is truly not as strange as it may seem to us. Souls often Pass through planetary-cosmic systems of light waves over the Milky Way Galaxy and help those who live on the Earth plane, where they too have lived in incarnations that helped build the great planes of Earth Inhabitants. They often return to build the bridges of light and conduits for new experiences of consciousness, either through Earth bodies or Ethereal bodies of other realities interacting with the planes of matter being called into transition. It is known by the Master, Edgar Cayce, that Pleiadean and Sirian brothers and sisters were initial builders of Earth and often return to help humanity build their new structures of consciousness, especially during Major Earth changes. They have been here before and are often willing to be a light to show the way when we seem confused. Why? Because they have walked the path before many of us who now inhabit the Earth.

There are four planes of star-patterns acting as the Gateway and Conduit of interplay between Source and the human field of matter in assisting the birthing of the Pearl Children. They are the Pleiades, Orion, Sirius, and Arcturus. As the birth of the Pearl Children are happening, these four star gates are providing soul assistance and from these planes of consciousness, an interaction with humans have been taking place. Some here on Earth are Male and others are Females (as is known of these other planes of existence, they are male or female in their energetic patterning as well). All humans are waiting to be parents, grandparents, midwives, healers, siblings or members of the community who will share the time and space of the great change. For encoded in our collective memory is the time of the portal opening for the New Children who are to help the cultivation of the New World, assist in bringing forth the new vibrations, and helping all in Earth existence to take on the new frequencies.

The Pleiades are within the star cluster of Taurus (the cycle we are now in as we interact in this workshop). From this path of light the souls of the Pearl Children are using the portals of North America, Nordic countries, and the Antarctica as vortices of entrance into the field of matter and gravity. From the Cluster of Orion (which borders on the Gemini and Taurus constellations) the souls will pass and manifest through the vortices of Australia, China, Peru and Mexico. Sirius

(which is in the constellation, Canis Major – Dog Star) will open the gateways over the vortices of France, Africa, Peru, and the Marquesas Keys of Florida. The vortices of entrance from Arcturus (within the Constellation of Bootes) is Hawaii, Tibet, Greece and Arabia. Arcturus is often recognized as the center of the cosmic system and noted by ancient mystics as the dwelling place of souls as they travel in-between Earthly lives.

Souls use the frequencies of color to align with particular intentions of Source Consciousness, and so it is with the Pearl Children. As was noted before, they all carry a base color of Pearl-Silver. Contained within this frequency is the sacred geometry of wisdom and creative intent of Source to develop the New World. Intuition and Unconditional Love releases from this pearl-silver state of consciousness. It is a foundation of the abstract consciousness with an ability to easily remember Source and unify with the extraordinary frequencies capable of changing matter, the realm of the Earthly collective consciousness, and remaining as a constant conduit of light. In the spiral of evolution, this silver frequency carries the intent to change the human form over a period of an eon, through eras and epochs. The highest intent is to bring us into the awareness of our Source-Self that transforms and transfers light frequency into matter and non matter with simple concentration. Eventually, our soul intentions to live on Earth and explore the realms of matter will simply be by waves of thoughts changing particles and atoms and shimmering from one point of existence to another point of existence, as quickly as the thought of Being that existence occurs. Whoa, we will no longer have to come through the birth canal (unless we have something to learn through the experience). We will no longer have to physically die to move from one realm of existence to another (unless we have something to learn from the experience).

These Pearl Children are the forerunners, helping us turn the corner in our own spiral of existence. They will subtly, yet profoundly, bring changes to the physical body. They will subtly, yet profoundly, reveal changes of intelligence. They will subtly, and again profoundly, reveal emotional balance. They will reveal more use of the intuitive, telepathic qualities of the mind as well and excel the logical consciousness. They will rely more on Knowing rather than memory. The only memory they will rely on is Source Consciousness. They will imprint the automatic mind with Source knowledge versus ancestral knowledge of the Human conditioning. They will utilize the genetic coding of Source versus genetic coding of human bloodlines. These Souls will be moving us through the spiral of evolution of the new coding over eras and epochs. We will live with many of these pearl children in our lifetime and perhaps return to be a part of the evolution by aligning in the patterns of the Pearl Conditions of living in a future lifetime.

The color spectrum within the pearlized field of light these souls will use are:



Turquoise - Mystic, Healer

- Electric Blue - Healer, Community oriented
- Ultra Violet - Healer, Global and Galactic oriented
- Soft Yellow - Architect, Orator
- Gold - Leader (Spiritual, Community, Government), Candid
- Coral - Teacher (at all levels), Wise
- Pastel Green - Healer, Architect
- Ruby - Activist, Leader
- Pastel Rainbow- Galactic, Mystic, Dimensional Guides

In the next newsletter, I will go more in depth about the meaning behind each color and the way the children will use these colors to express qualities of life in this new era of evolution.

If you have questions, comments or insights about this information email me: katlynann@aol.com.

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Malachi Workshop
on CD



April 24-27, 2009, a workshop occurred in which the angelic Being, Malachi, channeled through Katherine Torres. He brought a dynamic view of the Changing World, our ability to hold a sacred consciousness of Oneness, and the a gift of the new children who have been birthing into the realm of Earth since the beginning of April 2009. He calls them the Pearl Children and revealed nine different colors that blend through Silver Pearl base color.

Do you want to step up and Walk the Talk of Oneness? Do you want to take your sacred wisdom into more of a daily knowing and live this higher truth that you are Source? If so, then these workshop messages are important to hear.

Out of this workshop emerged a great deal of excitement from everyone who attended. You, also, can come to the same excitement and live the event they did. As promised, the program was recorded and 17 CDs were created. Out of this experience also developed a School of Mastery. You may hear that on the CDs as well. It may be something you find important to you for following a path of Sacred Intent to Be the Oneness that you truly already are. If so, please ask for an application. We will hold the door open for more students for a certain amount of time before beginning new classes.

The program available may be obtained by you by contacting Katherine Torres at 619-588-6483. Or by printing this flyer and filling out the form below. You may mail it to Katherine Torres, 1440 S. Orange Ave #100, El Cajon, CA 92020.

Please send the Ignite The Light workshop CDs to:

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NEWSLETTER NOTES

Contributions of Articles

The Sacred Path newsletter is about the many philosophies available for contemplation of our vast Universe. We invite individuals to share their ideas, spiritual experiences, and methods for understanding the Cosmos. We believe that sharing the many facets of the Universe produces inspiration and a desire to follow the inner path – a pathway of spiritual importance. If you desire to share your “knowing” please contact Transpersonal Development.

Editorial contributions can be sent via email. Word Perfect is used to publish and Word is acceptable. PDF files that can be opened are also acceptable. All editorials are printed in their entirety, whenever possible. When space limitation make editorial changes necessary, we strive to retain a complete understanding of the author’s work

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Letter from Katherine

Summer Solstice has passed and we are in the Summer of 2009. I do hope you are all enjoying the summertime and discovering more and more of what you call “Life Fulfillment” in everything you do.

It has been quite a busy year and I have not had the chance to get a newsletter out for quite a while. Counseling, classes, and continual education credits kept me busy. I completed a doctoral dissertation in Holistic Astrology. I recently completed a certification course as a Personal Life Coach, and I have written another book, **BE THE LIVING TREE, Manifest your Desires.** This book is now making the rounds of publishers, but I also am learning about eBooks, so I may take a journey of this nature. Of course, I

will keep you posted.

Malachi’s workshop was incredible and instigated a new correspondence program called the WomanSpirit School of Malachi Masters. This program is geared to “step up” the personal intent to live as a Master and hold the sacred attitudes and actions as Source would desire. In fact, there is more than this simple explanation. It is a school that calls for the students to step up and live from their Higher Self.

California and Texas students completed their first year of apprentice work as Global Shamans. They will advance to the 2nd year and I’m very honored to say there will be several more people in service as Global Shamans doing very special energy work to help heal those they are called to serve. The healing will not just be the physical, they will cover the ranges of mind, body and spirit and most certainly through the dynamics of thirteen dimensions of the universe. I am honored by the students who went through this program, found the value in it for them, and continue the walk of spiritual healers.

As the year goes on, please be sure to follow my website: www.facesofwomanspirit.com to discover the classes that will be given. Please note that over the next several months I will also be putting classes on CD.

Our SPICA - Way of Light church continues to develop. The Board recently voted to add the positions of chairpersons for The Altar, The Kitchen, The Classes, The Advertising and Fund Raising, and and Research. We continue to work on the Ministerial Program. We will continue SPICA services at a new place in October.

Please do note that this newsletter will be placed on the website: www.facesofwomanspirit.com on the Calendar page. It is my hope that those of you who have email addresses will be sure that I have updates from you. Eventually, this will not be mailed, but only presented on the Internet...saving trees, stamps and perhaps time. Being on the website also offers a larger audience to view the information. In fact, as a side note, each month more than 1,500 people check into the website. Sometimes more, sometimes less. Each day I watch the count of people who review the News Page. What is quite interesting is that on the News Page you truly don’t see the count (it usually shows no more than about 2 - 10), but I check into a special page I can access and watch it mount to over 100 hits nearly every day. People are emailing me from around the world to acknowledge how they find the information on the website inspiring to them. Wow! A little effort and a blessing to the world. I like that!

I hope to connect with you with a newsletter again in Sept/Oct. In the meantime, please look through the whole newsletter as I have others who have written and provide their insights for you to use to inspire your life journey!

Love and hugs

-----Katherine

Alignment

by
Ben Guevara

I now move in alignment
With the free flowing energy
Embedded within
The mechanics of the universe
Driving expansion
Traveling through the influx
Across a wave of motion
In all I can imagine
Creation which keeps on creating

I now move in alignment
With universal law
Past the flaw of misperceptions
The conception of imperfection
I've journeyed deep within
And I see how it's all connected
The atom has many sides
Many methods
At which it reinvents itself
At every level of being
Through resurrection

I now move in alignment
With frequency and vibration
I reverberate in altered states
Of thought
Of mind and of consciousness
I now move in alignment with God
And I'm conscious of it
At every moment of motion
I align my mind
With life's intrinsic rhythm
I now move in alignment with the Divine



Evolution in Consciousness with Movement

by
Aimee Freeman

Have you ever observed a child in motion? The way they flop, jump, and roll for no other reason than because it feels good? Have you seen them dance, the ease in which they leap, twirl, laugh and sparkle without the slightest concern? Did this observation ignite a response, some aspect of your self, wanting to jump in and join that sparkle (even if the next moment a patterned thought convinced you that you couldn't or shouldn't)? Recently, my heart was inspired to remind you that we all can access this energy and probably do, more often than realized. All we need is a little help in re-discovering what children haven't yet had a chance to forget. That, SPIRIT, lives and breathes within the organic and beautiful living body, and the organic and beautiful body, lives and breathes through the effects of movement. The sparkle is spirit in motion!

My intention is not to write an article about discovering your inner child, although I hope you all have! And it is not an article to convince you that you need to live a strict, structured life of exercise and nutritional regimens to evolve. With Bliss, I express quite the opposite. While the above are important and often helpful, I personally find that they, at times, can trigger my judgments and failure-isms. Through much trial, error, and injuries...source patiently reminds me that it doesn't take running a marathon to connect. The fact is that certain aspects of spirit are always connected (or we wouldn't be here) but bringing it to awareness, or to the consciousness of our persona...well that's the secret of the magick. WomanSpirit graciously speaks the message that, "through me, it is easy ." My experience is that connecting to and feeling my spirit is done easily with movement.

Let's reflect for a moment on the basics of this concept. If Source/Spirit is expressed as energy, and energy ignites through motion, then one might also become dis-eased through lack of move. The opposite view could be that we over exert the body's ability of motion, (to much, too soon) affecting an agitated heat/strain response. Pushing or forcing ourselves to move beyond pleasure can cause us to withdraw in pain, fear, or frustration, producing a dis-connect to our Source. Then before you know it, the internal parent/protector has kicked in, and we are stationary, afraid of getting hurt. Lack of movement is like turning off the pilot light for your stove. We can't access our fuel!

The message is easy, start slowly and learn to move openly and joyfully. Movement can be so basic. In meditation, what do we usually start with? Breath.... breath is movement in the body. If all you do is concentrate on your breath for a moment, you have initiated movement, therefore initiating Spirit. Playfully observe your feelings as you move your hands, roll your fingers, and wiggle your toes. Lie on the floor while you

stretch, BREATHE, and wobble your legs from side to side. Observe with each breath how that sparkle (our internal giggle) loves to come forth! You can shape shift like the animals, squat like a frog, flap yours arms like a bird, slither and coil like a snake, purr and stretch like a cat. You can call forth your inner dancer and move to the rhythm of your favorite song. Encourage your mental judgments to sit aside and try it, any of it, and notice how you feel?

The more I physically access the expression of spirit through my body, the more conscious I become. My meditations are stronger. My ability to listen and observe both ordinary and extra-ordinary realities is heightened, and in general, I move with a more connected relationship. A relationship with self, with others, and with this beautiful Earth! Each morning I move with spirit...ignite the light...and call in my connection with Higher Source/Self and personal consciousness. My brightest wish is that you do too! What a blissful discovery it has been! Have you accessed your sparkle yet? Awen

Aimee is a private practice massage and bodywork therapist in Coronado, California. She has a degree in health science from IPSB College, where she also teaches touch and movement education. She specializes in CranioSacral Energy Medicine, Injury prevention/Rehabilitation Massage and Relational Somatics. For More information please call (619) 890-6008 or log on to www.conceptsmassage.com (coming soon)



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Ponder This!!!

***By
Annie Watts***

There are no excuses to any of our thoughts or actions in life!! Wow, what an authentic way to live. To live with no excuses allows me to feel real, energetically clean and lovingly softer to all involved. Excuses bogs down whatever process a person desires to achieve. They have tentacles that prevent a person from being real and truthful with another thus keeping the deception alive. Basically this means come from your heart and knowing so the interaction with another will be a clean exchange of energy with no delusions or illusions that can drop your energetic intent from being a loving light thus sabotaging your desire to serve and be Source So...like many of you I have been asked repeatedly by my mentor to write as a way to share my insights and wisdom. Well I had what I felt to be valid excuses only to come to realize I had many fear based reasons as to why I couldn't write. My lovely Ego was so afraid of being judged, criticized, or laughed at, thus allowing my mind to totally take over my soul's purpose creating reasons for me not to write like; what could I possibly have to share with anyone, to writer's block preventing me from writing anything worth while to read. So today I decided to truly "be" and start sharing my knowledge.

Over the years I have recommended to men and women alike to read The Four Agreements by Don Miguel Ruiz. Simply written the author talks about; not to take anything personally; not to make assumptions; be authentic with your word and do the best job you can do daily. What I have come to realize is this author was sharing third pyramid insights and information. I didn't get it because I was so caught up in the second pyramid and the identification process of who the person was with themselves and others. After making the time to ignite my light and weave love to all shape shifting occurred within me seeing the agreements as loving habits to embrace. So now I am wondering how many other spiritual, self help books that have been out for many years are Source expressing loving thoughts and awareness and we just weren't at the consciousness to notice.

Recently I had the opportunity to visit JFK's gravesite in Arlington National Cemetery and as you probably all recall it is a modest yet moving with an eternal flame burning at the site. So here we are now asked to ignite the light within connecting with that pure light and radiate it throughout the land. I believe that same intent occurred on Nov. 25, 1963 at Kennedy's funeral. Waves of fear, sorrow and disbelief were flowing throughout the world and especially the United States. I

sense that eternal flame was to help shape shift that energy and move us in a direction of hope and internal peace and reconnect with the higher spiritual Source. That experience may not have occurred immediately, yet visit that site now and that loving energy is ever present. So look at how many ways we ignite the Light as a symbol of our loving connection with Source. The young folks today have a creative twist to this process by using cell phones to ignite a loving presence at a concert, a rally or wherever in our world. Notice the many places in our world where igniting the Light occurs and blend with this loving presence.

Annie Watts M.S., H.T.C.P.
Healing Practitioner-Spiritual Coach
Sugar Land, TX.

VENICE BEACH

281-265-727



by
Bernard W. Bail, M.D.

Bikers, skaters, walkers and runners love the beach from Rose Avenue north. The rest of us are drawn to honky-tonk, tinsel, glittering baubles, beach cafe dining, and crowd the boardwalk listening to music, fingering the huge amount of goods of infinite variety, beads, rings, semi-precious stones, pictures, paintings, straw hats, Indian henna painting, tarot card and palm readers sitting and waiting for customers. Us! Everything seems to be affordable. To me, best of all, would be looking into the future.

I have written elsewhere that fortune tellers have always been with us in every society, in all times

known to man, even in times forgotten by us. Why should this be so?

I have a theory. Being made in the image of God I can put myself in the mind of God. I can imagine him saying to himself, "These folks, these creatures I have made after some false starts, when they settle down enough to feel a little relief from danger, like being eaten by some voracious animal, someone is going to ask 'How does all this happen? Who made it?'"

Man was not that smart. We know it took a long time to get the connection between fornication and the birth of a baby later on. I don't know how long that took. So, God reasons, some soul with his belly full, looking around the landscape, a beautiful one with trees, grass, flowers, blue sky and sun, night sky with stars and moon, asks "Who made it?"

Scientists stay away from the question of who made the big bang or what caused it. No one knows how long something existed before an atom was rent asunder to cause everything that exists in the universe and in our world today with all of its trouble. Some people want to blame God for our man-made problems. People always have, even to killing other human beings to alleviate bad fortune and propitiate the God (or Gods). We have not come very far in our evolution on consciousness.

Scientists feel it is important to establish first causes and currently a group is assembled in Switzerland at a several miles long collider where atoms are being hurled at each other so that hopefully we may see and know first hand what happened a long time ago; cause and effect. That seems to be the law that permeates the universe. Though humans can see how that works in science, it seems we have a hard time applying that law to our affairs in daily life even though everyday life puts our feet to that unpleasant fire.

In the main that law is ignored, especially in the public domain. All governments behave as if THEY were first cause, as if THEY can erase a page or tear out a page and start anew. In science we know that is impossible.

When people even at the highest levels with the highest intelligence do that we call it omnipotence. If we see this in our practices we know that person is in for a fall for it indicates he/she is living a life and not paying attention to reality. Reality, however, never fails to pay attention to us. How do the governments of the world get away with it? Obviously, looking at the condition of the world, they don't.

I think today everyone knows how that is done, but it is more difficult since people have evolved a little and the technology that exists gives everyone knowledge quickly. There is some transparency, though not completely. There are still plenty of lies going around despite the fact that lies make people sick. This is demonstrable, as demonstrable as smoking will cause cancer or that alcohol will damage bodily integrity. We have the adage that nothing that man makes is invulnerable to abuse or corruption. We have not come to that state of consciousness in which we recognize it and stay away from it as we do these days from blood letting. We no longer believe that

works although it was widely believed several hundred years ago.

A patient was walking the boardwalk at Venice Beach and decided to get a reading. To his surprise the man, let us call him Jim, was accurate. My patient was quite amazed after having his palm and the tarot cards read for him. The information was quite accurate.

I think science would scoff at this as not being scientific, that is not verifiable objectively. But there can be a science of the subjective realities that inhabit all of us. The information given to my patient made his heart beat faster as Jim, who had never met him or knew him, began to tell him truths about himself.

I suppose we could attach electrodes and measure the physiologic changes. These outward readings would not accomplish the complexity of feelings, thoughts and conclusions and new ideas that come into existence subjectively as more and more is told.

By comparison and perhaps we should not compare the information gathered in Switzerland which may be of great importance in unraveling the esoteric mysteries of the universe. We do not live in that esoteric atmosphere. We do have a similarity; science and humanity. We both live according to the laws of cause and effect. There is no arguing that. We in the domain of everyday life are still arguing that proposition. Scientists do not question it.

That is our end goal, all of us, even scientists who, like us, have a private life have to come to consider the law of cause and effect as basic to life and to survival.

To continue the story of being like God who said, "Let me give them (us) as many clues as can be used to derive what this endeavor (life) is all about. I will give them all that exists on Earth today. I will not give them war or a religion that makes people suffer or a paradigm that it is all right to torture or kill in my name. All of that would be upon man's conscious. I am about one thing, peace, quiet and love, helping the other person as all are made in my image. Therefore all are patently divine. I see, however, they do not seem to know this and there are individuals who feel it is in their interests to maintain a philosophy of separation, to keep 'the other mentality alive'. I have given them free choice and they will enjoy the consequences that come about from their choice."

"Indeed I sent Jesus who said life is all about love and loving each other, for all are the same. He said in one talk, and I know that anyone can read it in the gospel of Thomas 10,

'If you bring forth what is in you, what you bring forward will save you. If you do not bring forward what is in you, what is in you will destroy you.'

"I gave them the first psychoanalyst so that man might know how to do it, how to achieve this higher state of consciousness, of evolution. So far few have followed the way. It is the only way to overcome unconscious, early and never forgotten injuries."

"Anything less than this will cause these events to be projected onto future generations as they have been for many, many past generations."

In other words it is my belief that God or nature, whatever you want to call it, does give us the answer to help ourselves. We have ignored Jesus and other people of similar high quality. A time must come.

It is my belief that the unconscious and the dream, which must be interpreted correctly, has all the answers that we want and need, and here we are making progress slowly. If we read the symbolism of Jesus on the donkey it is as if high consciousness is riding on a stupid, stubborn animal slowly. Man is that animal.

Two thousand years ago there lived a man called John the Baptist. It came to him that emersion was the way to go. He stood in the river and baptized hundreds or thousands, even Jesus, but it fell to Jesus the way it could be done - that is cleansing oneself of illness - talking.

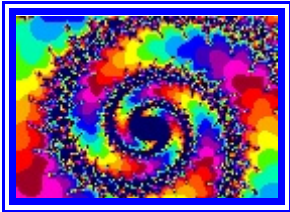
It cannot be ignored that the symbol for the unconscious is water and that analysts have to get into the water with their patients to cleanse them of their ancient wounds.

Freud discovered the talking cure. Its power and popularity have waned as indeed has the unconscious and the dream that deals with it. John the Baptist achieved another mark of progress along the path of man's evolution of consciousness.

We have come a distance from the boardwalk at Venice Beach with its panoply of color and excitement and people who read other people's fortunes very accurately. The masses surge by not ever knowing this can be done. Why should they know about the treasures of the unconscious and the dream? The masses do not know yet that just within them - a sleep away - lays the best fortuneteller, palm reader, tarot reader and scientific observer in the world.

www.bernardbailmd.com is the site to visit for further information and to learn of his two books: THE MOTHER'S SIGNATURE, as well as his memoir's as a prisoner of war in, IRMGARD'S FLUTE.





Honoring Oneness Sacred Alliance

Wisdom Revealed via Malachi

A WomanSpirit Workshop
facilitated by
Katherine Torres
Held in Idaho

- Mastering Oneness
- Living Light
- Source Revealed---Inner Wisdom an Outer Reality
- Helping the Pearl Children

Dates: September 17 - 21, 2010

(arriving by 4:00 pm Sept 17th leaving premises by 12:00 p.m. September 21st)

Fee: \$850* (\$800 if paid by July 15th, 2010)

\$250 Deposit required immediately (Non-refundable) to reserve your spot.**

WomanSpirit Workshop -Malachi 2010 - Priest Lake, Idaho

Name: _____

Address: _____ City _____ State _____ Phone # _____

Amount Enclosed \$ _____ or *Master Card/Visa/Discover or Am Ex* # _____

Expiration Date: _____

****Includes workshop events, food and lodging. TRANSPORTATION IS SEPARATE! Please note, no refunds after July 15th.*** Info will be provided for directions to Priest Lake.

Katherine Torres, Ph.D. has been a channel for Malachi since 1983. She is honored to acknowledge two assistants, Celeste Mulvihill and Gina Marlin, whom support the process of the workshop, especially by the foods prepared to care for your physical needs.

*****Room for only 27 people. Further info provided upon registration.***

This is a required workshop for Malachi Masters School and Daughters of the Moon/ Wizard Circle student



Ignite the Light

*Rev. Katherine Torres, Ph.D.
Presents*

The Changing Consciousness and the Silver-Pearl Children

Remarkable events are occurring and awareness is shifting to the evolution of Oneness.

New vibrations are being felt as the ascent of consciousness draws our awareness into the higher dimensions. The avatar consciousness is being stirred by the birth of the Pearl Children. We are to unite with them.

Join Katherine in learning more about your position in the grand scheme of change as we move from one state of consciousness to a new state. Learn of the birth of the children forming new aura colors and bringing in a new state of consciousness to our world. Do you feel the shift?

Have you had a new child birth in your world since April of 2009? Be sure to bring a picture and learn of the Aura vibration and life intent this child carries at the soul level of higher purpose. Also, learn how you will attract and be attracted to the Silver-Pearl Children.

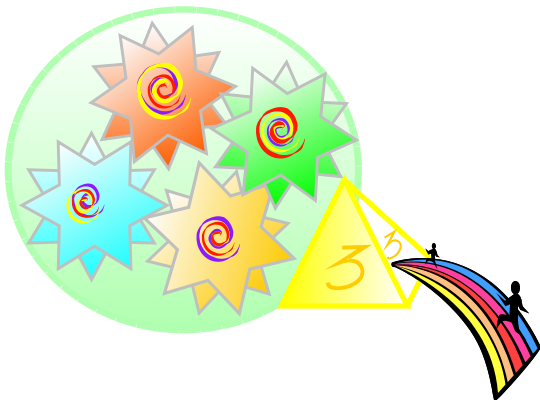
When: **October 11th**

Time: **1:00 pm - 4:30**

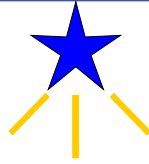
Where: Myztic Isle Bookstore, 8036 La Mesa Blvd, La Mesa, CA 91941

Register: To reserve your place in this event: Call (619) 465 - 3005

Fee: \$40 (\$35 if paid by October 1st)



Rev. Katherine Torres, Ph.D. is the founder of SPICA - Way of Light church and University of Divinity, and author of The Faces of WomanSpirit, A Celtic Oracle of Avalon. She has communicated with Spirit since birth. For over twenty-six years she has been revealing the mystical dimensions of consciousness to students and clients. She is a pure channel, a Life Coach, a teacher, and writer. Be



SPICA - Way Of Light

A Fun Raiser

October 25, 2009!

SPICA-Way of Light Church, University of Divinity and Rev. Katherine Torres, Ph.D., announces the growth of the church and the launching of SPICA-Way of Light University of Divinity for spiritual practitioners. Students ready to advance their education are pleased to know that a Bachelor of Spiritual Philosophy, A Master of Spiritual Philosophy with Ministerial and Healing diplomas, and the Doctorate of Divinity degrees are being offered through the university program. In honor and to support this growth process, and set the foundation of funds to maintain this wonderful community of New Thought – Transpersonal Approachsm spirituality, a FUN Raiser has been planned.

Time and Date of Event: 1:00 pm to 4:00 pm. October 25th

What will happen: Readings, Astrology, Door Prizes, Food, Healing and more will occur.

\$10 for 10 minutes – with wonderful people in service

Please call: 619-588-6483 for information

Meet us at: 1440 S. Orange Ave. El Cajon, CA (Clubhouse).

Proceeds from this event will support:

- SPICA - Way of Light church growth
- SPICA - Way of Light Website development
- SPICA - Way of Light scholarships for classes and workshops
- SPICA - Way of Light publication of classes on CD for the University of Divinity
- SPICA - Way of Light community services

