



## *Timeless Cryptograms of Healing*® What does it mean?

A cryptogram is a text written in code. In 2013, in a lucid dream, Katherine received one cryptogram after another. She realized the Divine gave her something sacred: a call to be a cryptographer, presenting visuals and sound for human use to affect healing. Emerging from the depths of Source, the Breath of Life and the Sounds of the Universe combine to create cryptograms for healing. As they stimulate your inner mind through symbols, colors and sounds, your inner Healing Master emerges. This healing occurs on several layers: your spiritual, emotional, mental, physical, ego and soul (S.E.M.P.E.S).

From the beginning, the cryptograms appeared in the shape of an octagon. Inside the octagon were Hebrew Letters. Outside the shape were musical notes. Each octagon Katherine saw also contained specific colors. The sound of the notes inscribed around the cryptogram activated the Hebrew letters, and this sound also emitted the Light of Source in color.

Katherine immediately recognized the importance of these dreams without fully understanding their scope. She incorporated them into client sessions as well as classes on raising consciousness. As she moved deeper into the energy and the meaning of the cryptograms, she began creating codes for specific clients and/or conditions. Katherine and her students used these to help clients. They immediately reported they felt a difference during their session. Repeated cryptogram sessions facilitate transformation and healing. Coincidentally, upon creation of a new code, many other people contacted Katherine to request that very cryptogram. Thus, the codes created for a specific condition seemed to have a universal use.

The cryptograms reveal the ancient and timeless energy of Source. They embody the Light and Sound of the Holy Spirit. Viewing a cryptogram immediately initiates an energy, and balance occurs. Katherine's evolution of awareness resulted in an entirely new modality of healing: the *Timeless Cryptograms of Healing*®

***Please know the material contained in this work is for Spiritual Healing only and not a substitute for professional medical advice, diagnosis, or treatment. The information is not intended to treat or cure any disease. Please consult your doctor and all of your allopathic, naturopathic, and alternative medical teams concerning the use of the Timeless Cryptograms of Healing® as an adjunct aid for your healing and balance. This work is intended to guide you in Spirit.***



# *Timeless Cryptograms of Healing*®

## Sounds of Creation Stirring Healthful Outcomes

CDs are created for sound healing that serve a plethora of needs. Each package contains a CD with the orchestra of sounds emitted by tuning forks for a specific healing requirements. Also, a cryptogram of a healing to view. It assists the stimulation your union with The Holy Spirit that releases the vibrations of healing from the depth of your Higher Self.

Here is a partial list for you to choose from to place your order for the CD and pictorial healing guide. If you cannot find what you need, please email me. I may already have a cryptogram for your needs. I will be glad to create a Timeless Cryptograms of Healing® specifically for you as I connect with the Divine for the guidance and wisdom to bring the sounds and symbols into a cryptogram.

### **Speciality Codes:**

Astrological Cryptograms - Created from your Cosmic Alignment at birth. Through your natal horoscope, sounds can be set to help stimulate the power of soul intentions. \$125. Needed: Your Date, Time and Place of Birth.

**Please know that Special Requests for any need require in-depth meditation, research and preparation. The fee for special cryptograms for health and other purposes is \$120.**

**The codes listed below are priced as noted .**

Email Dr. Bell at [katlynann@aol.com](mailto:katlynann@aol.com) to order or obtain a special code for your needs.

**Codes of Healing Available (each are \$20 or are otherwise noted plus: S&H, Tax for orders in Colorado to be applied.** Where you may find cryptograms that come in groups, you may purchases one or all. If you desire to purchase all of them (such as, Chakra toning, the 72 Names of God, etc.) please call 719-345-3444 for special pricing.

Abundance  
Abra k'dabra  
ALS  
Anger as Defensiveness  
Addictions  
Akashic Record Clearing  
Alignment with Familiars  
Animal Healing - Liver Tumor  
Arthritis, Grief, Stress  
Atrial Fibrillation  
Awen - Sacred Celtic Sound: "So It Is"

## **B**

Back Pain - Lower Back  
Birth of Baby  
Blame  
**Bone Healing - Mending**  
    Bone Surgery - Feet  
    Fibular & Tibia

Brain Chemistry Balance  
Brain Regeneration

## **C**

Calming and Faith increased  
Career Building  
Chakra Toning - Seven Personal Chakras & 6 Transpersonal Chakras

### **Integrating the Ethereal Chakras with the Personal Chakras and Lynchpin Chakras**

Chakra - 13<sup>th</sup>  
Chakra - 12, lynchpin 1, 1st chakra  
Chakra - 11 and 2nd vortex  
Chakra - 10th and 3rd 2nd lynchpin  
Chakra - 9th and 4th vortices plus 3rd lynchpin  
Chakra - 8th and 5th vortices plus 4th lynchpin  
Chakra - 7th and 6th vortices plus 5th lynchpin

### **Five Stages of Change**

Change - Stage 1  
Change - Stage 2

Change - Stage 3  
Change - Stage 4  
Change - Stage 5

**D**

Death and Dying  
Deep Dark Depression  
Diabetes - Type 2  
Diamond Grid Activation

**E**

**Elements of the Universe**

Element of Air  
Element of Earth  
Element of Ether  
Element of Fire  
Element of Water

Erectile Dysfunction

**F**

Father Issues  
Fears & Phobias  
Fertility

**G**

**72 Names of God**

First Name of God: Vehu; Release Regrets - Return to Creation

Second Name of God: Yeli; Overcome Fear through Love  
Pure Spiritual State

Third Name of God: Sit; Creation of Miracles

Fourth Name of God: Elem; Recovery from Deep Wounds  
Elimination of Negative Thoughts

Fifth Name of God: Mehash; Soul Healing

Sixth Name of God: Lelah; Body of Peace - Realm of Sleep

Seventh Name of God: Acha; Interlinking Body Mind and Soul ,  
Understanding Connections

Eighth Name of God: Kahet; Removing Explosive Negative Energy

## Darkness Returns to Light

Ninth Name of God: Hezi; Entering the Realm of Angels

Tenth Name of God: Elad; Shield of Light - Joy Experienced

Eleventh Name of God: Lav; Interconnection of Love  
Releasing fear in Relationships  
Unleashing the Power of Talents

Twelfth Name of God: Haha; Source of Love

Thirteenth Name of God: Yezel; Liberation Of Light- Inspired to Be

Fourteenth Name of God: Mebah; In the Presence of Peace

Fifteenth Name of God: Hari; Right Assessment

Sixteenth Name of God: Hakem; Releasing Depression  
Gaining Dignity

Seventeenth Name of God: Lav; Power of True Creativity  
Escape from Egocentric Limitations

Eighteenth Name of God: Keli; Power to Procreate

Nineteenth Name of God: Lov; Clearing the path - Connecting to  
the Life Force of Love

Twentieth Name of God: Pahal; Removing Unwanted Habits and  
Recovering Self

Twenty First Name of God: Nelach; Reverse That Which Plagues Us  
by Stirring Love

Twenty Second Name of God: Yeyay; Removing Unwanted Influences

Twenty Third Name of God: Melah; Lighting the World with Awareness

Twenty Fourth Name of God: Chaho; Personal Proficiency is Activated

Twenty Fifth Name of God: Netah; Justice Surrounds All

Twenty Sixth Name of God: Haah; The True Path is Clarified

Twenty Seventh Name of God: Yaret; Light of Generosity

Twenty Eighth Name of God: Shaah; Lasting, Loving Relationships

Twenty Ninth Name of God: Riyi; Purifying a Heart of  
Hatred and Resentment

Thirtieth Name of God: OM; Bridging Spirit with Matter

Thirty First Name of God: Lekav; Procrastination Banished

Thirty Second Name of God: Veshar; Clear Memory

Thirty Third Name of God: Yichu; Clearing Reaction

Thirty Fourth Name of God: Lahach; Letting Go

Thirty Fifth Name of God: Kevek; Sharing Love

Thirty Sixth Name of God: Menad; Removing Fear

Thirty Seventh Name of God: Ani; Clear Perspective

Thirty Eighth Name of God: Chaam; Give of Self

Thirty Ninth Name of God: Reho; Transformation

Fortieth Name of God: Yeyiz; Pure Silence

Forty First Name of God: Hahah; Open to Sound

Forty Second Name of God: Mich; Collective Wisdom

Forty Third Name of God: Veval; Spirit in the World

Forty Fourth Name of God: Yelah; Flow of Love

Forty Fifth Name of God: Sehahl; Prosperity

Forty Sixth Name of God: Ari; Subtle Plans

Forty Seventh Name of God: Eshal; Commanding Presence

Forty Eighth Name of God: Mih; Bridge of Mercy

Forty Ninth Name of God: Vehu; Clear Heart

Fiftieth Name of God: Dani; Light of Prosperity

Fifty First Name of God: Hachash; Truth

Fifty Second Name of God: Omem; Shifting Time

Fifty Third Name of God: Nena; Friendship

Fifty Fourth Name of God: Nit; Fruition

Fifty Fifth Name of God: Mivah; Talent Revealed

Fifty Sixth Name of God: Poi; Self Esteem

Fifty Seventh Name of God: Nemem; Growth

Fifty Eighth Name of God: Yeyil; Originality

Fifty Ninth Name of God: Harach: Move Into the Light

Sixty Sixth Name of God: Metzger: Centered in the Storm

Sixty First Name of God: Umab; Wise Decisions

Sixty Second Name of God: Yahah; Ruling With Honor

Sixty Third Name of God: Anu; Teaching

Sixty Fourth Name of God: Machi; Messages Conveyed

Sixty Fifth Name of God: Dameb; Message Conveyed

Sixty Sixth Name of God: Menak; Forgiveness

Sixty Seventh Name of God: Iyah; Breakthrough

Sixty Eight Name of God: Chavu; Recovery

Sixty Ninth Name of God: Raah; Belonging

Seventieth Name of God: YaBam; Stimulate Coincidence

Seventy First Name of God: Hayi; Awareness

Seventy Second Name of God: Mum; Collapse of Structure

## H

Hara Line  
Headache eye ache anxiety unworthiness and soul separation  
Hearing Loss  
Herpes, Soothing  
High Blood Pressure  
Higher Self Expression  
House Clearing

## I

Influenza

## K

Karma  
Kidney Renal Failure

## L

Left-Right Eye Blindness - Woman  
Life Balance  
Lottery Abundance

## M

Menopause  
Mind to heart; heart to emotions - The Power to Feel  
Mother Issues

### **Moon Phases**

Moon - New Phase  
Moon - Crescent Phase  
Moon - First Quarter Phase  
Moon - Gibbous Phase  
Moon - Full Phase  
Moon - Disseminating  
Moon - Last Quarter Moon  
Moon -Balsamic Phase

Muscle Relaxation

## N

Neck, muscles, osteoporosis



Nervous System  
New Beginnings

**P**

PTSD

**R**

Re-energizing  
Right Relationship

**S**

Schizophrenia  
Seizures Dementia Alzheimer  
Seven Gateways to Soul  
Shingles  
Sibling Issues

**S.E.M.P.E.S. Six Levels of Self**

SEMPES - Spiritual Attunement  
SEMPES - Emotional Attunement  
SEMPES - Mental Attunement  
SEMPES - Physical Attunement  
SEMPES - Ego Attunement  
SEMPES - Soul Attunement

**Self Empowerment**

Self Empowerment - Capricorn  
Self Empowerment - Aquarius  
Self Empowerment - Pisces  
Self Empowerment - Aries  
Self Empowerment - Taurus  
Self Empowerment - Gemini  
Self Empowerment - Cancer  
Self Empowerment - Leo  
Self Empowerment - Virgo  
Self Empowerment - Libra  
Self Empowerment - Scorpio  
Self Empowerment - Sagittarius

Shame and Overwhelm  
Shekinah - Divine Feminine  
Sleep Easy  
Soul Retrieval

## **T**

Tapping for Harmony

Thyroid Balancing

Time Capsule Healing

### **Toning and Tapping**

Tapping for Harmony

### **Trestle Board Activation**

Trestle Board - Trestle Board- Initiating - Supernal Consciousness

Trestle Board - Initiating Soul Intention

Trestle Board - Initiating -Cognitive Consciousness

Trestle Board - Initiating - Sub Conscious

Trestle Board - Initiating - Higher Self Consciousness

Trust

## **W**

World Peace

## **Y**

Yeshuah - Light Within